

Tofu Curry & Flaky Flat Bread

Ingredients:

Flat Bread Ingredients

Plain Flour – 3 cups
Salt -1 tsp
Oil as Required
Water as Required (~1/2 cup)
Plain Yogurt – 2 tsp
Sugar – 1 tbsp

Tofu Curry Ingredients

Medium or Firm Tofu – 1 pack
Onions -2 (medium size)
Tomatoes -2 (medium size)
Ginger & Garlic Paste - 2 tsp
Cinnamon stick –1/2 inch
Bay Leaf – 1
Cloves – 3 to 4
Cumin – 1 tsp
Cashew Nut – 1/4 cup
Plain Yogurt – 2 tsp
Chili Powder – 1 tsp
Turmeric Powder -1/2 tsp
Coriander Powder-1 tsp
Salt to Taste

NOTE:

Pizza Cutter (optional)
Get unsweetened yogurt



**SISTERS OF VOT* RESUME VIRTUAL
COOKING WITH ANITHA BENJAMIN**

Learn to cook delicious plant-based meals
Sunday, September 24th @10:00 am
Church Zoom ID: 979-040-8186
PW: 717818

Look for the recipes on our website
www.voiceoftruthsdachurch.org/event-flyer/ so you can
cook along with Anitha

* Presented by the Voice of Truth SDA Church Women's Ministry